

FRONT

Abraham Low
SELF-HELP
SYSTEMSSM

Recovery
INTERNATIONALSM

RISM DiscoverySM

★

Leadership

*Consider the
Benefits*

To

Lead

Means

To

Practice

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BACK

Leading Means
Practicing

Endorse
yourself

Achieve self-
leadership

Do what you
fear to do

Eliminate
exceptionality

Regular
Attendance

Succeed

Help yourself
by helping
others

Insure your
mental health

Practice peace
over power

[www.
lowselfhelpsystems.org](http://www.lowselfhelpsystems.org)

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