



Welcome to Recovery International Telephone Meetings

Recovery International (RI) telephone meetings are designed to introduce individuals to RI and/or for those who are unable to attend RI meetings in person due to distance, illness, a recent move, or other need.

Thank you for your interest in our telephone meetings. We encourage you to attend an "Intro to Recovery International" meeting, the "Literature" meeting or any of the "Open Attendance" meetings.

Please note the following:

- You have to access telephone meetings at your own expense. Some attendees use calling cards, their own long distance carrier phone plan, or a cell phone—whichever means is most economical.
- All meeting times are given for the Eastern Time Zone. The actual start time for you is dependent on your location. Telephone meetings last about 90 minutes. Please attend on time and remain on the call for the duration of the meeting.
- R telephone meetings can be a good first step to taking part in community meetings. To help you get acquainted, please review the enclosed: A Current Meeting Schedule, An Introduction to Recovery International, Group Meetings/FAQ's, a Sampling of Tools and Terms, an Example Outline, an Example Worksheet, a list of books by and about RI's founder Dr. Abraham A. Low and Membership information.

After you have attended "Open Attendance" meetings a minimum of six times, you are encouraged to participate in an "Assigned Group" phone meeting. The "Assigned Group" meetings have limited attendance, which allows for greater participation. If you wish to participate in an "Assigned Group" telephone meeting please contact Joan Nobiling at 607-432-2265 for information regarding placement. You will be notified of your assignment as soon as possible.

We look forward to your participation and ask that you **endorse yourself for your interest.**